The Cube Roof™

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Understanding Your Surroundings

Understanding your surroundings is one of the most important things you can do during your day whether it's inside - or outside - of your comfort zone.

When we take a serious look at the things around us that cause us pain or distress, we often find that it's not the workload or the people that we come in contact with that cause us discomfort, but rather the way we go about our daily "to do" list.

We sit at our desks and strain to see our monitors or find just the right way to sit or type.

Some of us even go to extreme lengths to fix the problem.

Using hats, sunglasses, cardboard covers or unscrewing light bulbs over our head or in the areas around our desk, are just some ways that we try to combat the tension headaches and eye strains that we are plagued with after spending any significant time in front of our monitors.

Once we understand our surroundings, making one simple change that creates a "new and/or improved" working environment is usually all we need to feel good about ourselves and our future.

Health Related Issues

Harsh glare and flickering from typical fluorescent overhead lighting can cause a number of health-related issues.

Eyestrain, headaches, body aches and general anxiety can easily be mistaken for being overworked or due to poor health conditions.

Finding a way to reduce these issues while on a budget is even more distressing.

Finding a light filtration system that is cost effective and is pleasant to the eye and office setting is even more challenging.

You can get rid of glare by controlling the light source, the surface reflecting it or by filtering it before it reaches your eyes by making a few small adjustments.

What is Light Filtration?

When light strikes an object, the light can be transmitted, absorbed, or reflected. In many cases, all three occur.*

Transmission, absorption, or reflection can be determined by the wavelength of the light.

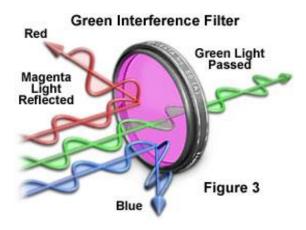
For example, a piece of clear glass will transmit all the wavelengths of light striking the surface of the glass.

If the glass is colored, some wavelengths are absorbed and some wavelengths are transmitted.

If there are small particles in the glass, some of the wavelengths may be absorbed, some transmitted, and all reflected.

In this case we would describe the glass as both colored and opaque.

A piece of colored paper reflects some wavelengths, absorbs some wavelengths, and transmits no light.



^{*}http://motion.kodak.com/motion/uploadedFiles/US_plugins_acrobat_en_motion_newsletters_filmEss_03_Nature-of-Light.pdf

Examples of Filtered Lighting

Unfiltered

Moderate

Filtered







Finding a Solution

- By recognizing the fact that you are having physical discomforts due to lighting problems, you are one step ahead of the game and one step closer to solving the problem.
- The solution to your lighting problem could be as simple as filtering the light sources around you.
- Ergonomic lighting solutions are available to you or your company at a cost that even the smallest office can afford to invest in.
- The benefits to you and others are beyond measure when it comes down to better health initiatives.
- Taking the next step to recovering your physical well being is easier than you think.
- Check with your insurance company to see if this would be a covered expense.



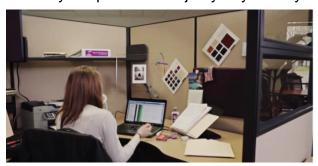


By placing an object over - or attaching to - a light fixture is one way of filtering harsh lighting. (Actual photo shown)

http://www.google.com/products/catalog?hl=en&biw=1013&bih=575&q=light+filtration&um=1&ie=UTF-8&cid=6668799005904962225&sa=X&ei=7CW_TcWwJunSiAL4i7Un&ved=0CD4Q8wIwBA#

Finding The Best Solution

Another way to filter the lighting around you is to attach a single piece of media to the walls of the cubicle or desk where you spend the majority of your day.





This can be done easily and quickly at a reasonable cost and with little effort.

Minimal assembly is required.

Taking Action

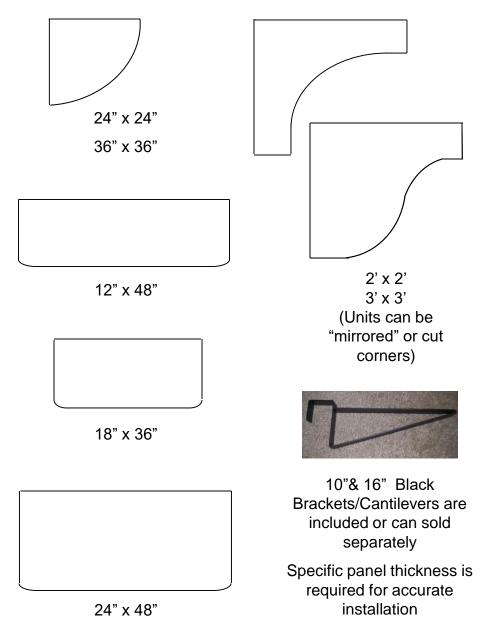
While not all lighting areas can be addressed, simply filtering some of the more glaring or bright lights in and around your office or workspace can make a large impact compared to no filtering at all.

At the end of the day, we all want to feel good about ourselves, our work environment, our family and our community.

By reducing the stresses that come from unfiltered lighting such as eye strain, body tensions, anxiety and other seemingly inconsequential things around us, we find that we are taking back our lives and our futures by making small changes that bring on a lifetime of positive changes in every aspect of our lives.

Design Options

Multiple designs and colors are available for an array of different lighting settings and cubicle colors. (some examples below)



Cleaning supplies not included in order.

Use only acrylic/plastic cleaner using a microfiber cloth.

DISCLAIMER & PRODUCT INFORMATION

Cube Roof™ is not intended to be used as a shelving system.

- •Acrylite Acrylic sheet is manufactured in the United States by Cyro Industries. Its characteristics include: durability, clarity, consistent quality, versatility, and outstanding performance.
- Optical Clarity: Excellent light transmission. Will not yellow after prolonged sun exposure.
- Weather Resistance: Despite heat, cold, sunlight, and humidity acrylic maintains its original appearance and color.
- Safety: Shatter-resistant, earthquake safe, and burglar-resistant. Increase safety with windows glazed of acrylic.
- •Light Weight: Even with its strength and durability, it is only half the weight of glass.
- UV Light Resistance: Clear acrylic sheet resists ultraviolet light degradation. Each sheet has a tenyear-limited warranty against yellowing and loss of light transmission.
- Chemical Resistance: Acrylic sheet resists many chemicals, including ammonia, dilute acids, and aliphatic hydrocarbons. A chemical resistance chart is available upon request.

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